

Cardiovascular disease and stroke

We're excited to announce that the focus for World PT Day 2026 will be cardiovascular disease and stroke, and the role physiotherapists play in their prevention, treatment and rehabilitation.

12:00-12:05 Opening words, Mervi Vidgren,
Rector of Savonia University of Applied Sciences

12:10-12:20 PM Greetings from ENPHE, Steven Onkelinx,
President of European Network of Physiotherapy in Higher Education (ENPHE)

12:20-12:30 PM Setting the Stage: Marja Äijö, PT, MSc PhD Principal Lecturer of Gerontology and Rehabilitation, Savonia University of Applied Sciences, Kuopio, Finland

12:30-12:50 Cardiac Rehabilitation: Does It Improve Outcomes and Save Costs?"
Arto Hautala, PT, MSc, PhD, Docent in Physiotherapy, Professor of Physiotherapy and Rehabilitation, University of Jyväskylä, Faculty of Sport and Health Sciences, Jyväskylä, Finland

12:50-12:55 Discussion from the topics

12:55-13:15 PM The Future of Cardiac Rehabilitation: Telehealth, Monitoring and Personalized Care: Steven Onkelinx, PhD in Biomedical Sciences, President of ENPHE, Senior Lecturer at Fontys, The Netherlands

13:15-13:20 Discussion from the topics

13:20-13:40 Effectiveness of therapeutic exercise combined with respiratory muscle training in patients with subacute stroke: the REMUST project. Verónica Guerra Fandiño PM PhD students, Predoctoral Fellow (Xunta de Galicia), Department of Physiotherapy, University of A Coruña, Spain.

13:40-13:45 Discussion from the topics

13:45-14:00 PM Closing words: Looking Ahead: Shaping the Future of Physiotherapy Together. Marja Äijö, PT, MSc PhD Principal Lecturer of Gerontology and Rehabilitation, Savonia University of Applied Sciences, Kuopio, Finland

World Physiotherapy 2025 collaboration



#WorldPTDay
www.world.physio/wptday

Interested in participating?

If you would like to participate or would like more information, please contact:

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